

## Dye your threads with Kool-Aid

Use 1 skein of white or light-coloured embroidery floss and 3 or 4 packages of different coloured Kool-Aid. You will also need some glass cups (or mixing containers), paper towels, a paintbrush, vinegar and a microwave. You might want to wear some old clothes too, JUST in case!

First, take the labels off a skein of embroidery floss. Lay your floss in a circle in the bottom of a pyrex or microwavable glass dish.

Mix about 15 ml of water and 15 ml of vinegar. With your paintbrush, apply the water/vinegar mixture to your floss.

Put each Kool-Aid flavour in a different cup and add 30 ml of water to each. With your paintbrush, apply the different colours to your thread, overlapping the colours a bit if you wish.



Microwave for 20 seconds (be sure you have an adult present when doing this). The thread will be hot. Just leave the thread until it dries. (I was tempted to dry it with a blow dryer to hurry it along, but it blew the thread around too much and I didn't want my colours to mix!)

Once dry, you can stitch with it. A word of warning though, is that it is not colourfast, so if you wash your piece, the colours will run. If you want some of the thread to be a bit lighter, put a few strands in water and then let them dry on a paper towel.

Enjoy your funky, one of a kind thread!!!