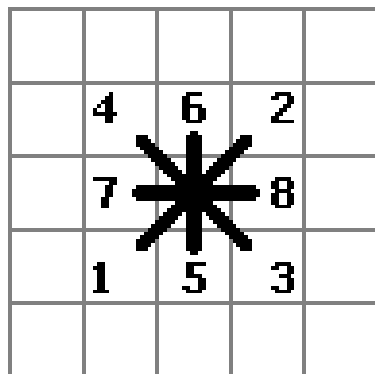


TRY A NEW STITCH

With every issue of YEN for the next while, you will be introduced to a new stitch which you may not have used ever before. The instructions will hopefully be clear enough that you can pick up a needle and thread and try it out. If not, ask your leader to give you a hand. If you are a National Member, try to find an older person who could show you. I would like to see you try a new type of thread or a new type of fabric with each one. Watch on your newsletter and you will see attached a piece of fabric or a thread which you can use to try out the stitch.

Have fun with it --- and send me your sample back or a picture of your finished sample and you can win a prize!!!! Your picture can either be a photograph by mail or you can send it by email as an attachment. I'd love to see each one of you complete a sample.

TRY IT!!!!



SMYRNA CROSS

To make a smyrna cross, first make a cross stitch and then a plus sign. Following the diagram below, bring your needle in 1, down in 2, up in 3, etc.

The Smyrna Cross can be used with regular embroidery thread and Aida cloth but it can also really spice up other embroidery. Try it for making stars on your surface embroidery. You can use metallic thread to make them “sparkle” in the sky!!!!

It is also used a lot in canvas work and this is the fabric that you will be given with this newsletter.